THE ESSENTIAL PACKING CHECKLIST FOR A CAMPING TRIP

- Lightweight backpack
- Small day bag (for hikes)
- Tent/tarp
- Stakes
- Mallet
- Sleeping bag
- Pillow
- Camera
- Portable charger
- Canteen
- Weather-appropriate clothing
- Socks & underwear
- Boots/terrain shoes
- Hat
- Sunglasses
- Firestarters
- Roasting sticks
- Aluminum foil
- Pots
- Grate
- Food

- Paper plates
- Fork, spoon, knife
- Garbage bags
- Knife/multi-tool
- Can opener
- Cooler
- Blankets (to sit on)
- First aid
- Emergency blanket (thermal)
- Rope
- Duct tape
- Tent repair kit
- Headlamp
- Sunscreen
- Lip balm
- Glasses/contact lenses
- Deodorant
- Toothbrush
- Toothpaste
- Toilet paper

CAMPING WITH COOL TECH
- Camping grill
- Espresso machine
- Folding chairs
- Biodegradable soap
- Kitchen supplies
- Shower essentials
- Bicycles
- End (Eagle & Nest Outfit)

COLD WEATHER CAMPING
- Thermal blanket
- Foam pad
- Gloves
- Thermal clothing

HOT WEATHER CAMPING
- Swim suit
- Towels
- Insect repellent
- Quick-drying shorts

WET WEATHER CAMPING
- Rainwear
- Rain cover
- Water shoes
- Gas stove
- Microfiber towel
- Newspaper

DRIED FOOD
- Granola
- Protein bars
- Noodles
- Jelly
- Trail mix
- Nuts
- Dried fruit

MEAT
- Raw steaks
- Chicken breasts
- Burger patties
- Hot dogs

VEGETABLES
- Canned veggies
- Canned beans
- Raw veggies

MEAL IDEAS:
- Roast hotdogs over fire with roasting sticks
- Roast aluminum foil, meat & vegetable packs directly over fire
- Grill steaks, burgers & vegetables over a grate
- Grill meat, beans, potatoes, etc. in a pot over fire

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